

## FOSTER CARE TRAINING RECORD

<b>Foster Parent Name</b>				<b>Date Completed Child Passenger Restraint Training</b>			
<b>Original License year</b>				<b>Date Completed SUID &amp; Abusive Head Trauma</b>			
<b>Training Year</b>				<b>Training Year</b>			
<b>Date Completed</b>	<b>Subject/Description of Training</b>	<b>Instructor/Training Institution</b>	<b>Hours</b>	<b>Date Completed</b>	<b>Subject/Description of Training</b>	<b>Instructor/Training Institution</b>	<b>Hours</b>
	Children's mental health (annually)				Children's mental health (annually)		
	Prudent parent standards						
<b>Total hours</b>				<b>Total hours</b>			
<i>Hours needed per year</i>			12	<i>Hours needed per year</i>			12

**Each foster parent is required to complete a total of 12 training hours each year**

**TRAINING HOURS CAN BE IN ANY OF THE AREAS BELOW** (this list is not all-inclusive):

Cultural competence; adoption & permanency; crisis de-escalation, intervention & suicide prevention; sexual offender behaviors; children's psychological, spiritual, cultural, sexual, emotional, intellectual, & social development; legal issues including liability; first aid & CPR; preparing foster children for independent living; parenting children who suffered physical, emotional or sexual abuse or domestic violence; chemical dependency & signs or symptoms of alcohol abuse; mental health, emotional & behavioral disturbance issues/disorders; Americans with Disabilities Act & Individuals with Disabilities Education Act; caring for children with disabilities & disability-related issues regarding developmental disabilities & specific learning disabilities; privacy issues for foster children; physical & nonphysical behavior guidance; discipline techniques; birth families & reunification; effects of foster care on foster families; home safety & emergency procedures; child & family wellness; sexual orientation; disability bias & discrimination; bullying & exploitative behaviors; medical technology-dependent or medically fragile conditions; separation, loss & attachment.

## REQUIRED TRAINING STATUTE LANGUAGE:

**245A.175 CHILD FOSTER CARE TRAINING REQUIREMENT; MENTAL HEALTH TRAINING; FETAL ALCOHOL SPECTRUM DISORDERS TRAINING.** Prior to a nonemergency placement of a child in a foster care home, the child foster care license holder and caregivers in foster family and treatment foster care settings, and all staff providing care in foster residence settings must complete two hours of training that addresses the causes, symptoms, and key warning signs of mental health disorders; cultural considerations; and effective approaches for dealing with a child's behaviors. At least one hour of the annual training requirement for the foster family license holder and caregivers, and foster residence staff must be on children's mental health issues and treatment. The annual training must also include one hour of training on fetal alcohol spectrum disorders within the first 12 months of licensure. After the first 12 months of licensure, training on fetal alcohol spectrum disorders may count toward the 12 hours of required in-service training per year. Short-term substitute caregivers are exempt from these requirements. Training curriculum shall be approved by the commissioner of human services.

**245A.144 TRAINING ON RISK OF SUDDEN UNEXPECTED INFANT DEATH AND ABUSIVE HEAD TRAUMA FOR CHILD FOSTER CARE PROVIDERS** (a) Licensed child foster care providers that care for infants or children through five years of age must document that before staff persons and caregivers assist in the care of infants or children through five years of age, they are instructed on the standards in section [245A.1435](#) and receive training on reducing the risk of sudden unexpected infant death and abusive head trauma from shaking infants and young children. This section does not apply to emergency relative placement under section [245A.035](#). The training on reducing the risk of sudden unexpected infant death and abusive head trauma may be provided as:

(1) orientation training to child foster care providers, who care for infants or children through five years of age, under Minnesota Rules, part 2960.3070, subpart 1; or  
(2) in-service training to child foster care providers, who care for infants or children through five years of age, under Minnesota Rules, part 2960.3070, subpart 2.

(b) Training required under this section must be at least one hour in length and must be completed at least once every five years. At a minimum, the training must address the risk factors related to sudden unexpected infant death and abusive head trauma, means of reducing the risk of sudden unexpected infant death and abusive head trauma, and license holder communication with parents regarding reducing the risk of sudden unexpected infant death and abusive head trauma.

(c) Training for child foster care providers must be approved by the county or private licensing agency that is responsible for monitoring the child foster care provider under section [245A.16](#). The approved training fulfills, in part, training required under Minnesota Rules, part 2960.3070.

**245A.18 CHILD PASSENGER RESTRAINT SYSTEMS.** Subdivision 1. Seat belt and child passenger restraint system use. When a child is transported, a license holder must comply with all seat belt and child passenger restraint system requirements under sections [169.685](#) and [169.686](#).

Subd. 2. Child passenger restraint systems; training requirement. (a) Programs licensed by the Department of Human Services under Minnesota Rules, chapter 2960, that serve a child or children under nine years of age must document training that fulfills the requirements in this subdivision.

(b) Before a license holder, staff person, or caregiver transports a child or children under age nine in a motor vehicle, the person transporting the child must satisfactorily complete training on the proper use and installation of child restraint systems in motor vehicles. Training completed under this section may be used to meet initial or ongoing training under Minnesota Rules, part [2960.3070](#), subparts 1 and 2.

For all providers licensed prior to July 1, 2006, the training required in this subdivision must be obtained by December 31, 2007.

(c) Training required under this section must be at least one hour in length, completed at orientation or initial training, and repeated at least once every five years. At a minimum, the training must address the proper use of child restraint systems based on the child's size, weight, and age, and the proper installation of a car seat or booster seat in the motor vehicle used by the license holder to transport the child or children.

(d) Training under paragraph (c) must be provided by individuals who are certified and approved by the Department of Public Safety, Office of Traffic Safety. License holders may obtain a list of certified and approved trainers through the Department of Public Safety Web site or by contacting the agency.

(e) Child care providers that only transport school age children as defined in section [245A.02](#), subdivision 16, in school buses as defined in section [169.011](#), subdivision 71, paragraphs (c) to (f), are exempt from this subdivision.

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**\*\*\*Once licensed all required training topics count toward your 12 hours of training per year\*\*\***